

Teaching methods and challenges in boys and girls judo



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Technical Support Skills

- Teaching method of Judo
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Research Contents

It has been a long time since the declining birthrate was called for, and the judo population is declining year by year. Among them, when considering how to develop judo, the theme of expanding the base is an unavoidable part. As one of the trends, many national-level competitions for elementary and junior high school students have come to be held. It is speculated that this is one approach to the challenges of improving the level of competition and training top-level athletes in Japan, the birthplace of judo. In addition, it is a reality that Japanese judo is not able to win at various world competitions, and it is a competition based on that.

I also feel the difficulty of aiming to improve skills and how to establish an appropriate teaching method in the developmental stage of children. Therefore, the leaders involved in judo are always working hard to deal with the issues and instructing them. In addition, it should be necessary to improve competitiveness as well as personality formation while fully demonstrating the elements of intellectual education, virtue education, and physical education that are the original form of judo.

In the future, it may be time for the leaders who take care of the field of judo to consider how to deal with this issue.

Available Facilities and Equipment
